

G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 a.m TO 1:00 p.m. Mon. thru Thurs.

906 667-0283 ext 23

JANUARY

Alternate Menu available

11:00 a.m. to 1:00 p.m. Mon. thru Thurs.

Take outs available

2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Blood Pressures <i>by Regional Hospice</i> 3rd Tuesday 11-1	Happy New Year! CLOSED - NO MEALS	1 NEW YEAR'S HOLIDAY CLOSED - NO MEALS	2 Beef Stroganoff Beets Apricots	3 Parmesan Chicken Baby Red Potato Broccoli Mandarin Oranges	4 5 6	7 8
7 Spaghetti Salad Fruit Cocktail	8 Liver & Onions (dining room) Smothered Steak (home delivered) Mashed Potatoes Carrots, Pineapple	9 Pork Stir Fry Rice Applesauce Juice	10 Turkey & Dressing Mashed Potatoes Corn Cranberries, dessert	11 12 13	14 15 Blood Pressures 11-1	16 17 18 BREAKFAST BUFFET 9:00A.M. - NOON
14 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	15 Roast Beef Mashed Potatoes Brussel Sprouts Fruit	16 Chicken & Rice Peas & Carrots Pears Orange Juice	17 Lasagna Green Beans Tossed Salad Mandarin Oranges	18 19 20	21 22 23	24 25 26 27
21 Chili Coleslaw Mixed Fruit	22 Chicken Rosemary Potatoes California Blend Veg Peaches	23 Pizza Casserole Green Beans Tossed Salad Orange Juice	24 Pork Roast Mashed Potatoes Key Largo Veg. Blend Applesauce	25 26 27	28 29 30	31 Feb. 1
28 Smothered Steak Mashed Potatoes Beets Tropical Fruit	29 Chicken Rice Broccoli Pumpkin Whip	30 Pulled Pork Sandwich Carrots Coleslaw Dessert	31 Nacho Meatballs Parslied Potatoes Mixed Veg Mandarin Oranges	Feb. 1	28 29 30	31 Feb. 1

Thank You for your continued support and renewal of senior millage!

Menu available online: gocaa.org