

**G-O CAA SENIOR MEALS**

Mill Street Garden – Bessemer

ELIGIBILITY – AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 A.M. to 1:00 P.M. Mon. – Thurs.

906-667-0283 ext 23




**September**

**2019**

Alternate Menu Available

11:00 A.M. to 1:00 P.M. Mon. – Thurs.

Take-outs Available

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 	3 BBQ on a Bun Baked Beans Coleslaw Dessert	4 Ham & Scalloped Potatoes Peas Applesauce	5 Chicken Cordon Bleu Potato Wedges Carrots Mixed Fruit	6	7
8	9 Turkey & Bacon Croissant Coleslaw Fruit	10 Beef Stroganoff Pickled Beets Mixed Fruit	11 Parmesan Chicken Baby Red Potato Broccoli Mandarin Oranges	12 Fish Baked Potato Creamed Peas Pineapple	13	14
15	16 Spaghetti w/Meatballs Salad Fruit Cocktail	17 <i>Blood Pressures 11-1</i> Liver & Onions (dining room) Smothered Steak (home delivered) Mashed Potatoes Carrots, Pineapple	18 Pork Stir Fry Rice Applesauce Juice	19 Lasagna Green Beans Tossed Salad Mandarin Oranges	20 BREAKFAST BUFFET 9:00 A.M. - NOON	21
22	23 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	24 Roast Beef Mashed Potatoes Brussel Sprouts Fruit	25 Cranberry Chicken Wrap Tomato Soup Fruit	26 Turkey & Dressing Mashed Potatoes Green Beans Cranberries, dessert	27	28
29	30 Chili Coleslaw Mixed Fruit	1 BBQ Chicken Rosemary Potatoes California Blend Veg Peaches	2 Italian Stuffed Shells Green Beans Tossed Salad Orange Juice	3 Pork Roast Mashed Potatoes Key Largo Veg. Blend Applesauce	4	5

\* Thank You for your continued support and renewal of senior millage!

Menu available online: [www.gocaa.org](http://www.gocaa.org)

Nutrition Education on back of menu!