

G-O CAA SENIOR MEALS

Mill Street Garden – Bessemer

ELIGIBILITY – AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 A.M. to 1:00 P.M. Mon. – Thurs.

906-667-0283 ext 23



June


2019

Alternate Menu Available

11:00 A.M. to 1:00 P.M. Mon. – Thurs.

Take-outs Available



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	4 Roast Beef Mashed Potatoes Brussel Sprouts Fruit	5 Chicken Dumpling Soup Tossed Salad Fruited Jello	6 Lasagna Green Beans Tossed Salad Mandarin Oranges	7	8
9	10 Bratwurst Baked Beans Coleslaw Mixed Fruit	11 BBQ Chicken Rosemary Potatoes California Blend Veg. Peaches	12 Italian Stuffed Shells Green Beans Tossed Salad Orange Juice	13 Pork Roast Mashed Potatoes Key Largo Veg. Blend Applesauce	14	15
16 	17 Smothered Steak Mashed Potatoes Cream Corn Tropical Fruit	<u>Blood Pressures 11-1</u> 18 Orange Chicken/Rice Broccoli Pumpkin Whip	19 Pulled Pork Sandwich Carrots Coleslaw Dessert	20 Swedish Meatballs Parslied Potatoes Pickled Beets Mandarin Oranges	21 BREAKFAST BUFFET 9:00 A.M. – NOON	22
23	24 Chicken Alfredo Green Beans Salad Dessert	25 Meatloaf Mashed Potatoes Peas & Carrots Pears	26 Pasty Pie Coleslaw Fruit	27 Turkey & Dressing Mashed Potatoes Corn Cranberries, Dessert	28	29

* Thank You for your continued support and renewal of senior millage!

Menu available online: www.gocaa.org

Nutrition Education on back of menu!