

## G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)



GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 a.m TO 1:00 p.m. Mon. thru Thurs.

906 667-0283 ext 23

# MARCH 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Blood Pressures by Regional Hospice 3rd Tuesday 11-1</i>					1	2
3	4 Chicken Alfredo Green Beans Salad Dessert	5 Meatloaf Mashed Potatoes Peas & Carrots Pears	6 Ash Wednesday Pasty Pie Alt/ Veggie Pasty Coleslaw Fruit	7 Turkey & Dressing Mashed Potatoes Corn Cranberries, dessert	8	9
10	11 Polenta & Italian Sausage Peas Tropical Fruit Salad	12 Chicken Divan Baby Red Potatoes Broccoli Peach Crisp	13 Beef Stew Coleslaw Juice / Biscuit	14 Meatballs Mashed Potatoes California Blend Tropical Fruit	15 BREAKFAST BUFFET 9:00 A.M. - NOON	16
17 	18 BBQ on a Bun Baked Beans Coleslaw Dessert	19 <b>Blood Pressures 11-1</b> Ham Scalloped Potatoes Peas Applesauce	20 Chicken Cordon Bleu Potato Wedges Carrots Mixed Fruit	21 Veal Parmesan w/Spaghetti Wax Beans Pears	22 	23
24	25 Turkey & Bacon Croissant Coleslaw Fruit	26 Beef Stroganoff Pickled Beets Tropical Fruit	27 Parmesan Chicken Baby Red Potato Broccoli Mandarin Oranges	28 Fish Baked Potato Creamed Peas Pineapple	29	30

Thank You for your continued support and renewal of senior millage!

Menu available online: [gocaa.org](http://gocaa.org)

[Nutrition Education on back of menu!](#)