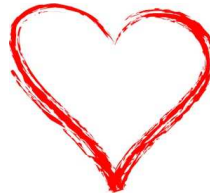



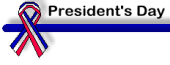
G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer
 ELIGIBILITY - AGE 60 OR SPOUSE
 DONATION \$3.75 (Breakfast Buffet \$5.00)
 GUEST FEE \$6.25 (Breakfast Buffet \$7.50)
 11:00 a.m TO 1:00 p.m. Mon. thru Thurs.
 906 667-0283 ext 23

FEBRUARY

2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Blood Pressures by Regional Hospice 3rd Tuesday 11-1</i>					1	2
3	4 Spaghetti w/Meatballs Salad Fruit Cocktail	5 Liver & Onions (dining room) Smothered Steak (home delivered) Mashed Potatoes Carrots, Pineapple	6 Pork Stir Fry Rice Applesauce Juice	7 Turkey & Dressing Mashed Potatoes Green Beans Cranberries, dessert	8	9
10	11 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	12 Roast Beef Mashed Potatoes Brussel Sprouts Fruit	13 Cranberry Chicken Wrap Tomato Soup Fruit	14 Lasagna Green Beans  Tossed Salad Mandarin Oranges	15 BREAKFAST BUFFET 9:00 A.M. - NOON	16
17	18  President's Day CLOSED NO MEALS	19 Blood Pressures 11-1 Chili Coleslaw Mixed Fruit	20 BBQ Chicken Rosemary Potatoes California Blend Veg Peaches	21 Italian Stuffed Shells Green Beans Tossed Salad Orange Juice	22	23
24	25 Smothered Steak Mashed Potatoes Cream Corn Tropical Fruit	26 Chicken Pot Pie Broccoli Pumpkin Whip	27 Pulled Pork Sandwich Carrots Coleslaw Dessert	28 Swedish Meatballs Parslied Potatoes Pickled Beets Mandarin Oranges		

Thank You for your continued support and renewal of senior millage!

Menu available online: gocaa.org

Nutrition Education on back of menu!