

## G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)


11:00 a.m TO 1:00 p.m. Mon. thru Thurs.

906 667-0283 ext 23

# JANUARY

# 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Blood Pressures by Regional Hospice 3rd Tuesday 11-1</i>		1 HAPPY NEW YEAR  CLOSED NO MEALS	2 Smothered Steak Mashed Potatoes Cream Corn Tropical Fruit	3 Swedish Meatballs Parslied Potatoes Pickled Beets Mandarin Oranges	4	5
6	7 Chicken Alfredo Green Beans Salad Dessert	8 Meatloaf Mashed Potatoes Peas & Carrots Pears	9 Pasty Pie Coleslaw Fruit	10 Turkey & Dressing Mashed Potatoes Corn Cranberries, dessert	11	12
13	14 Polenta & Italian Sausage Peas Tropical Fruit Salad	15 <b>Blood Pressures 11-1</b> Chicken Divan Baby Red Potatoes Broccoli Peach Crisp	16 Beef Stew Coleslaw Juice / Biscuit	17 Meatballs Mashed Potatoes California Blend Apricots	18 BREAKFAST BUFFET 9:00 A.M. - NOON	19
20	21 BBQ on a Bun Oven Roasted Potato Coleslaw Dessert	22 Ham & Scalloped Potatoes Asparagus Applesauce	23 Chicken Cordon Bleu Potato Wedges Carrots Mixed Fruit	24 Veal Parmesan w/Spaghetti Wax Beans Pears	25	26
27	28 Turkey & Bacon Croissant Coleslaw Fruit	29 Beef Stroganoff Pickled Beets Apricots	30 Parmesan Chicken Baby Red Potato Broccoli Mandarin Oranges	31 Fish Baked Potato Creamed Peas Pineapple		

Thank You for your continued support and renewal of senior millage!

Menu available online: [gocaa.org](http://gocaa.org)

Nutrition Education on back of menu!