

## G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 a.m TO 1:00 p.m. Mon. thru Thurs.



906 667-0283 ext 23

# DECEMBER

# 2018

*Merry Christmas*



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Blood Pressures</b> <b>by Regional Hospice</b> <b>3rd Tuesday 11-1</b>	3 Turkey & Bacon Croissant Coleslaw Fruit	4 Beef Stroganoff Pickled Beets Apricots	5 Parmesan Chicken Baby Red Potato Broccoli Mandarin Oranges	6 Fish Baked Potato Creamed Peas Pineapple	7	8
9	10 Spaghetti w/Meatballs Salad Fruit Cocktail	11 <b>Liver &amp; Onions (dining room)</b> <b>Smothered Steak (home delivered)</b> Mashed Potatoes Carrots, Pineapple	12 Pork Stir Fry Rice Applesauce Juice	13 Turkey & Dressing Mashed Potatoes Green Beans Cranberries, dessert	14	15
16	17 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	18 <b>Blood Pressures 11-1</b> Roast Beef Mashed Potatoes Brussel Sprouts Fruit	19 Cranberry Chicken Wrap Tomato Soup Fruit	20 Lasagna Green Beans Tossed Salad Mandarin Oranges	21 BREAKFAST BUFFET 9:00 A.M. - NOON	22
23	24 CHRISTMAS EVE HOLIDAY  NO MEALS	25 MERRY CHRISTMAS  CLOSED NO MEALS 	26 Italian Stuffed Shells Green Beans Tossed Salad Orange Juice	27 Pork Roast Mashed Potatoes Key Largo Veg. Blend Applesauce	28	29
30	31 NEW YEARS EVE HOLIDAY  NO MEALS	<b>HAPPY NEW YEAR</b>  CLOSED NO MEALS	1 Smothered Steak Mashed Potatoes Cream Corn Tropical Fruit	2 Swedish Meatballs Parslied Potatoes Pickled Beets Mandarin Oranges	3 4	5

Thank You for your continued support and renewal of senior millage!

Menu available online: [gocaa.org](http://gocaa.org)

Nutrition Education on back of menu!