

G-O CAA SENIOR MEALS

CLOVERLAND SENIOR CENTER - EWEN

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75

GUEST FEE \$6.25

11:00 a.m TO 1:00 p.m. Tues. & Thurs

906 988-2463

OCTOBER

2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		Parmesan Chicken Baby Red Potatoes Broccoli Mandarin Oranges		Fezzik Stew Coleslaw Juice		
7	8	9	10	11	12	13
		Lasagna Green Beans Tossed Salad <i>Fruit or Dessert</i>		Pork Stir Fry w/Rice Stir Fry Vegetables Applesauce Juice		
14	15	16	17	18	19	20
		Chicken Alfredo Carrots Tossed Salad Mandarin Oranges		Meatballs Mashed Potatoes California Blend Veg. Apricots		
21	22	23	24	25	26	27
		Pizza Casserole Green Beans Tossed Salad <i>Fruit or Dessert</i>		Pork Roast Mashed Potatoes Key Largo Veg. Blend Applesauce		
28	29	30	31	1-Nov		
		Chicken Divan Baby Red Potatoes Broccoli <i>Fruit or Dessert</i>	<i>Happy Halloween</i>	Pulled Pork Sandwich Carrots Coleslaw Orange Juice		

Thank You for your continued support and renewal of senior millage!

Menu available online: gocaa.org

[Nutrition Education on back of menu!](#)