

G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 a.m TO 1:00 p.m. Mon. thru Thurs.

906 667-0283 ext 23

AUGUST 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Blood Pressures by Regional Hospice 3rd Tuesday 11-1			1 Tuna Noodle Salad Marinated Tomato & Onion Fruit	2 Meatballs Mashed Potatoes California Blend Apricots	3	4
5	6 BBQ on a Bun Oven Roasted Potato Coleslaw Dessert	7 Ham & Scalloped Potatoes Asparagus Applesauce	8 Chicken Cordon Bleu Potato Wedges Carrots Mixed Fruit	9 Veal Parmesan w/Spaghetti Wax Beans Pears	10	11
12	13 Turkey & Bacon on a Croissant Coleslaw Fruit	14 Beef Stroganoff Pickled Beets Apricots	15 Parmesan Chicken Baby Red Potato Broccoli Mandarin Oranges	16 Fish Baked Potato Creamed Peas Pineapple	17 BREAKFAST BUFFET 9:00 A.M. - NOON	18
19	20 Spaghetti & Meatballs Salad Fruit Cocktail	Blood Pressures 11-1 Liver & Onions (dining room) Smothered Steak (home delivered) Mashed Potatoes Carrots, Pineapple	22 Pork Stir Fry Rice Applesauce Juice	23 Turkey & Dressing Mashed Potatoes Green Beans Cranberries, dessert	24	25
26	27 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	28 Roast Beef Mashed Potatoes Brussel Sprouts Fruit	29 Chicken Cranberry Wrap Tomato Soup Fruit	30 Lasagna Green Beans Tossed Salad Mandarin Oranges	31	

Thank You for your continued support and renewal of senior millage!

Menu available online: gocaa.org

