

## G-O CAA SENIOR MEALS

Mill Street Garden - Bessemer

ELIGIBILITY - AGE 60 OR SPOUSE

DONATION \$3.75 (Breakfast Buffet \$5.00)

GUEST FEE \$6.25 (Breakfast Buffet \$7.50)

11:00 a.m TO 1:00 p.m. Mon. thru Thurs.

906 667-0283 ext 23

## MARCH



Alternate Menu available

11:00 a.m. to 1:00 p.m. Mon. thru Thurs.

Take outs available

## 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Blood Pressures by Regional Hospice 3rd Tuesday 11-1</i>				1 Fish Baked Potato Peas Pineapple	2	3
4 Spaghetti Salad Fruit Cocktail	5 <i>Liver &amp; Onions (dining room) Smothered Steak (home delivered)</i> Mashed Potatoes Carrots, Pineapple	6 Pork Stir Fry Rice Applesauce Juice	7 Turkey & Dressing Mashed Potatoes Corn Cranberries, dessert	8	9	10
11 Salisbury Steak Boiled Potatoes Carrots Mixed Fruit	12 Roast Beef Mashed Potatoes Brussel Sprouts Fruit	13 Chicken & Rice Peas & Carrots Pears Orange Juice	15 Lasagna Green Beans Tossed Salad Mandarin Oranges	16 BREAKFAST BUFFET 9:00 A.M. - NOON <i>Happy St. Urho's Day</i>	17 	
18 Chili Coleslaw Mixed Fruit	19 <i>Blood Pressures 11-1 20</i> Chicken Rosemary Potatoes California Blend Veg Peaches	20  Pizza Casserole Green Beans Tossed Salad Orange Juice	21 Pork Roast Mashed Potatoes Key Largo Veg. Blend Applesauce	22	23	24
25 Smothered Steak Mashed Potatoes Beets Tropical Fruit	26 Chicken Rice Broccoli Pumpkin Whip	27 Pulled Pork Sandwich Carrots Coleslaw Dessert	28 Nacho Meatballs Parslied Potatoes Mixed Veg Mandarin Oranges	29	30	31

Thank You for your continued support and renewal of senior millage!

Menu available online:

[gocaa.org](http://gocaa.org)